

Opinion

Opinion

'Geek Award' given

by Andrea Rafoth

I was sitting in my favorite restaurant recently. You know the kind. The last time it was decorated like was in office.

The place has three rows of booths. One row is separated by an aisle and the other two, by a partial wall—partial enough that you hope the person on the other side does not turn your way to sneeze.

The coziness of the high-backed booths can tease one into thinking that conversations are private. Au contraire. No matter, since I was sans escort, my secrets were safe.

That didn't hold true, however, for the two young ladies to my right.

Yes, gentle reader, I was eavesdropping.

Through a blue-gray haze, the two were discussing the merits of smoking.

"I know I should quit, but it relaxes me. I mean there's nothing like a cup of coffee and a cigarette to get the day started."

"I love smoking after dinner and even more after... (giggles)."

"I know, but these things'll kill us."

Yeah, well, ya gotta go sometime. Lately though this brand just doesn't cut it.

"You know, just the other night my boyfriend came by on his Harley to pick me up at my mom's and take me to the 'Toughman-Toughwoman' contest. Anyway in between fights, I went out to have a cigarette and wouldn't you know it, I was out. Anyway, I asked this chick next to me if I could bum one of hers and she gave me one and I lit it and it was

the best tasting cigarette I've ever had. I mean it was awesome."

"What kind was it?"

"Well, it's this new brand on the market called 'Dakota' and guess what? I found out that the tobacco company made it just for chicks like us. Isn't that great?"

"No kidding?"

"Yeah, this chick was telling me that this tobacco company out West somewhere, I don't know, Virginia or somewhere, markets them just for us."

"Yeah? How so?"

"Well, first ya gotta be a chick, which we are. Ya gotta be 18 to 21, which we are. You're not supposed to have been to college, which we haven't and ya gotta like motorcycles and trucks, which we do."

"That's great. I'm so sick of those skinny, up-town model types who hawk Virginia Slims. It's about time some big company did something for us."

"Ain't it the truth. I mean it really makes me feel special, ya know? More sophisticated. Oh, hey, I gotta run. I need to pick up some smokes before I take my boyfriend's chopper back to him."

"I gotta go too. See ya at the 'Bigfoot' competition next week."

As I sat there, puffing on my own cigarette, I said a quiet prayer for the three of us. At that moment, I also gave the "Geek of the Week" award to the R.J. Reynolds Tobacco Co. for caring so much about us.

Commentary

Changes in Eastern Europe may not be all they seem

by David Zirtzman

It started in 1917, spreading like wildfire until it encompassed almost all of Asia, a large portion of Europe and some areas in Central and South America.

The names of the countries that have fallen under its spell are synonymous with the repression it tries to keep the rest of the world from knowing. Names like East Germany, Poland, Czechoslovakia, Yugoslavia, Romania, Bulgaria, Hungary on the continent of Europe; Russia, China, North Korea, Tibet, Laos, Vietnam and Cambodia in Asia; and Cuba in the Americas are some of the areas that repression has touched.

Besides these, any other country or region that may be in a state of revolution is far from being safe.

It is very clear to most people what these names have in common. They are all satellites of one of the most powerful and repressive governments in the world. A government that for nearly seven decades has been ruled by iron-fisted dictators who adhere to the teachings of Marx and Lenin. Countries that are ruled by the ideology of communism.

Now, all of a sudden, the leaders of the Soviet Union, as well as the leaders of its satellite nations, have made a complete about-face and have embraced the basic ideas of democracy.

The Berlin Wall, which divided East and West Germany for nearly three decades, has suddenly been dismantled, allowing a new generation of Communists to enter the free portion of a country divided by political systems since 1945.

Romanians deposed an oppressive dictator who got rich as his country became poorer and poorer. They have elected a supposed democratic government to replace him.

Many of the communist satellites have followed suit—with socialist leaders stepping aside and allowing what they call democratic election of leaders.

Most shocking of all is that Mother Russia itself has allowed a democratic vote to

decide who will head its Politburo.

The Soviet Union has also agreed, at least in principle, to a unilateral reduction in nuclear weapons. At last everyone is beginning to feel at ease with the progression of democracy throughout the world.

But, a wise man once said, "Beware of Greeks bearing gifts." In other words, let's not relax our vigil or our defenses because a government that has been unfriendly toward our form of government suddenly decides to do an about-face and adopt democracy.

A tiger cannot change its stripes and if anyone thinks that the Communist Bloc is suddenly going to embrace democratic ideals, they better think again.

Let's just look at history. Before World War II, Russia made an agreement with Germany and was allowed to move unmolested into territories that later Germany, herself, would invade. After being pushed back into their own territory, Russia went on the offensive and began "liberating" countries that had been overrun by Germany.

What of these countries that had been "liberated"?

Russian troops remained in these countries, spreading the ideals of communism and setting up puppet governments that were answerable directly to Moscow.

Can it be that Russia feels it cannot win a nuclear war without mass devastation?

What would be a better way of gaining more territory on its march toward world conquest than to lull the democratic world into believing that their principles had finally been accepted in communist countries?

What better way than to break down the walls and allow free movement of the new generation of young incorrigible communists, who are radical in their beliefs throughout the rest of the free world, sending in democratic countries and slowly capturing them from within.

Letter to the editor

Dear Editor;

About abortion and the Fifth Commandment, which is: Thou shalt not kill.

To the question— if everyone is judged immediately after death, what is there of a general judgement?

The answer is— there is need of a general

judgement. Though everyone is judged immediately after death, that the providence of God, which on earth, often permits the good to suffer and the wicked to prosper, may in the end appear just before all men.

Mary R. Grouse
Rochester, N.Y.

Loras prof decries Contra activity

by Dorothy Wendel

Dr. Paul Allen, professor of social and moral problems at Loras College, returned to Dubuque from Nicaragua on January 13. One of his missions included delivering school supplies, which were collected by Clarke students, to the needy Nicaraguan peasants.

Allen has spent a total of 14 months in Nicaragua over the past four years. He is eager to discuss his personal opinions and experiences regarding that country's civil war.

For nearly a decade the civilian population of Nicaragua has been terrorized by the Contras, a group of rebels who are financially backed by the United States. Allen asks people not to believe those who would try to convince you that the farm people killed by the Contras are Communists, or threats of any kind to the United States. He also asks us not to believe that the Contras are receiving only humanitarian aid and that they now reside inside Honduras.

"On the contrary," said Allen, "what the Contras do is painfully clear to me. I wish you, too, could have the personal opportunity to experience the reality of their, and our, war against the Nicaraguan peasants."

A few of the recent attacks that touched Allen most include:

□ The murder of 18 people traveling from their village to register to vote. He helped them pipe drinking water to their small settlement just last summer.

□ The death of Modesto, son of one of Allen's fellow workers, as he walked along the road near home. A grenade was stuffed into his backpack — with the pin pulled.

□ The driver of a milk truck, a church leader, was killed by one of the 22 bullets that riddled the cab of the co-op's only vehicle. Allen and his son had driven that vehicle to Nicaragua a year ago with the Pastors for Peace convoy.

□ Two nuns from a parish were indiscriminately gunned to death as their vehicle traveled the road from Siuna. This incident made news in the United States because one of the nuns was from North America. The seven religious communities of women who work in Nicaragua lamented this "Contra-revolutionary ambush." Allen says that the cost in lives to have our own American soldiers do the work of the Contra is too great, so our country pays someone else to do it.

According to Allen, in addition to the Contra terrorism that consists of many more threats ("Vote for UNO (United Opposition Party) or else") than murders these days, there is, of course, the economic boycott. Every six months, the president must declare Nicaragua to be an "extraordinary and unusual threat to the security of the United States" in order to justify this economic punishment, according to Allen.

"Apparently some people feel that any Nicaraguan struggle for self-rule; is a threat to our country's security. Check it out with any of the several thousands of United States citizens who have visited Nicaragua in the past five years. Find out how threatening they find the government and people there. Talk with the nuns, priests and ministers who live and work with the people," Allen said.

Allen cites several reasons for the suf-

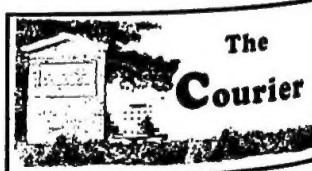
fering. A bloody revolution ousted Somoza in 1979, who escaped with the remaining funds of an already bankrupt country. Millions of United States dollars have avalanched in ever since to fund a counter-revolution against the new, duly-elected government. The United States disregards decisions by the United Nations General Assembly, the International Court of Justice and others. And, Allen said, millions

(continued on page 4)

Brain Burner

Two women were meeting at a restaurant for a business lunch. They asked each other how the husbands and children were doing and one of the women pulled out her wallet to show the other a picture of her family. She pointed at one of the people and then said, "I'm an only child, but this woman's mother is my mother's daughter." Who was she pointing at?

Submit your name, phone number, work and answer to the puzzle and mail to the Math Club, Box 1125, by Friday, March 30. Winners will be placed in a drawing that will take place at the end of the semester. The winner will receive a gift certificate from the bookstore.



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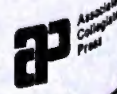
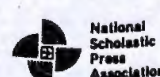
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The Clarke Courier welcomes input from members of the Clarke community. Please send comments to P.O. Box 646, Clarke College. Letters must be signed and are subject to editing for space.

The Clarke Courier is a member of the Associated College Presses and holds an All American Rating from the National Scholastic Press Association.



Announcements, Briefs, & Comments

... are available through SCA is currently accepting position to be offered during summer and fall seasons. Applications must be received by March 1. Information contact Dean 826-4301.

abc

KH&H Productions will be the dinner theater will be March 23, 24, 30 and March 25 and April 1 at 6 Flags Bijou Room. Tickets

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Repenting Ourselves: Our Parents Left Off. A w traditional students, with BVM, is scheduled for W 28 from 7-9 p.m. in the Lounge.

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The Sinipee Writers' Group the Fifth Annual Sinipee fiction and poetry. Subj open. Entries must be typ be an original unpublished name, address and phone left hand corner. A \$5 rea company each entry. Entr ed by April 9. Send en Writers' Group, P.O. Bo la. 52001. For more 556-0366.

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The Iowa Management sponsoring an internshi students between their j years in Iowa colleges to p summer employment in th field. Students must have full years of college and GPA of 3.0 on a four-p more information write t ment Association, 4717 W 1, West Des Moines, Ia. Dick at 224-9780.

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Glacier Park Montana college students for su segments of hotel and hos details on jobs and sala Park, Inc., at (602) 248



Feature

Announcements, Briefs, & Coming Events

Financial Aid applications must be submitted to ACT prior to April 20 in order to meet the Iowa Tuition Grant deadline. Forms are available in the financial aid office.

abc

The Dubuque Museum of Art's Brown Bag Lecture series will conclude Wednesday, March 28 at the Museum, 8 and Central in the Old Jail Gallery. Martha Siembieda, B.A. candidate from Clarke, will speak on "Archaeology and the Bible." Coffee and tea will be available, bring your lunch. The lecture is free and open to the public.

abc

Joan Soppe's BFA art exhibit will open Saturday, March 24, with a reception from 7-9 p.m. in Quigley Gallery 1550.

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The American Poetry Association and International Publications poetry contest end March 31.

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The Fifth Annual Sinippe Writers' Workshop will be held April 21 in Alumnae Lecture Hall at Clarke College from 8:30-5 p.m. The workshop costs \$60 in advance, \$65 at the door or \$30 for students. Tuition includes lunch and refreshments. For registration and information call 556-0366 or write to Sinippe Writers' Group, P.O. Box 902, Dubuque, Iowa, 52001.

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The following students will be resident assistants for the 1990-91 school year: Deanna Angst, Lonnie Behnke, Amy Bopp, Kristi Bopp, Lucinda Cadet, Julie Fogarty, Joel Gehling, Cheryl Marro, Christine Noel, Adam Rapp, Diane Sheets, Sheila Streets, Angie Trimble, Tammy Tucker, Dennis Welu and Torris Winston.

abc

The annual Crop Walk will be Saturday, April 7, at 12:30 p.m. beginning at Loras College. The six mile walk will benefit local and world hunger. Pledge forms may be picked up in the Campus Ministry office at Clarke.

abc

The Student Conservation Association will be offering over 1,000 conservation and resource management volunteer positions. Positions include high school or college student or older adults during 1990. Oppor-

tunities are available throughout the year. SCA is currently accepting applications for position to be offered during the 1990 summer and fall seasons. Applications should be received by March 1. Applications will be accepted until later dates. For more information contact Dean S. Klein at (603) 826-4301.

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KH&H Productions presents Bob Randall's romantic comedy, "6 Rms Riv U." The dinner theater will be presented at 7 p.m. March 23, 24, 30 and 31 and Sunday March 25 and April 1 at 6 p.m. in the Five Flags Bijou Room. Tickets are \$10.50.

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Reparenting Ourselves: Filling in Where Our Parents Left Off, a workshop for non-traditional students, with Virginia Spiegel, BVM, is scheduled for Wednesday, March 28 from 7-9 p.m. in the Mary Jo Formal Lounge.

abc

The Sinippe Writers' Group will sponsor the Fifth Annual Sinippe Writing Prize for fiction and poetry. Subject and style are open. Entries must be typed, double-spaced be an original unpublished piece. Include name, address and phone number is upper left hand corner. A \$5 reading fee must accompany each entry. Entries must be received by April 9. Send entries to: Sinippe Writers' Group, P.O. Box 902, Dubuque, Ia. 52001. For more information call 556-0366.

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The Iowa Management Association is sponsoring an internship program for students between their junior and senior years in Iowa colleges to provide meaningful summer employment in their chosen career field. Students must have completed three full years of college and meet a minimum GPA of 3.0 on a four-point system. For more information write to: Iowa Management Association, 4717 Woodland Ave. no. 1, West Des Moines, Ia. 50265 or call Bob Dick at 224-9780.

abc

Glacier Park Montana is looking to hire college students for summer jobs in all segments of hotel and hospitality areas. For details on jobs and salaries, call Glacier Park, Inc., at (602) 248-2612.

First in a series

Cancer facts outlined

by Christen Sadowski

It is estimated that in 1990 there will be 1,040,000 cases of cancer reported in the U.S. To 510,000 people this disease will be fatal.

Cancer is made up of approximately 100 different diseases that result from uncontrolled, abnormal growth of cells. These cells form a tumor that can destroy surrounding tissue and can spread throughout the blood and affect other areas.

Cancer affects people of all ages. However, there is a clear distinction between childhood and adult cancers. Not much is heard of cancer in young adults. College-aged cancer patients are categorized in a grey area to distinguish their cancer from the childhood or adult cancer.

This is the first in a series of articles on the three leading forms of cancer in college-aged students and their diagnosis, treatment, prevention and emotional aspects.

Hodgkin's disease is a form of cancer that affects the lymphatic system. Lymphatic cancer, in all of its forms is the seventh most common cause of cancer deaths in the U.S. It is estimated that in 1990, 7,400 new cases of Hodgkin's disease will be reported, of which 4,200 will be male and 3,200 will be female; 1,600 of those patients will die from the disease.

The lymphatic system is part of the circulatory systems and plays a major role in the ability to fight infection. The disease begins with a swelling of the lymph glands that run throughout the neck, armpits or groin. The glands manufacture lymphocytes which is a type of white blood cell that fights the spread of infection. The abnormal growth of these cells leaves the body with fewer cells to combat infection.

According to Jeffery Stephenson, M.D. of the Wendt Regional Cancer Center in Finley Hospital, the formation of this lymphoma begins in the late teens and early twenties. It can begin in one of the lymph nodes and travel to the others by way of the circulatory system. It is this channeling throughout the body that causes the lymphoma to be dubbed a disease and not just cancer.

Detection of the disease is arranged through a biopsy to determine whether the mass is malignant or benign. Tissue samples are taken and examined by a pathologist to determine if the cancer could have spread to other lymph nodes. Diagnostic X-rays help to determine if the disease has spread throughout the body.

Hodgkin's disease is divided into staging depending on the extent of the disease. When localized to one lymph node, it is classified as Stage I. If it has spread to adjacent lymph regions above or below the diaphragm, it is categorized as Stage II. When it is found above or below the diaphragm, it is Stage III. When it has spread to other regions such as the lungs, bone, liver or kidneys, it is classified as Stage IV.

Stephenson reported that treatment is divided between radiation therapy and chemotherapy depending on the stage of the disease. Radiation therapy is the use of X-rays and lasers to destroy the tumor,

while chemotherapy is the use of anti-cancer drugs to kill cancer cells. Often times radiation therapy is used on all lymph regions as a prevention measure. Treatment is usually local, however, and could range from four-and-a-half weeks to five to six months. "In the early stages, we use radiation therapy, which has a success rate of 80 percent," Stephenson said. Chemotherapy is administered only to the affected area and there is a 50 percent cure rate. Chemotherapy, depending on the severity of the disease, is usually administered once every three to four weeks for several months.

The time exposure between the formation of the cancer cells and the detection of the cancer varies. It is thought that someone could have cancerous cells and they may lay dormant until an initiator activates them. In the case of Hodgkin's disease, Stephenson explains that scientists are studying the possibility that this initiator may be related to a virus due to the fact that cases appear in isolated areas in what seems to be outbreaks of the disease.

There are many misconceptions about cancer that causes additional emotional burden, especially in young adults. There are many support groups and centers that aid patients in their struggle with acceptance. Stephenson praises the advancement of emotional conditioning, "At least people are talking about it now."

The emotional burden causes patients to go through periods of self-denial, emptiness and have a different look on life. Some people think that cancer can be spread to others. This falsity causes uneasiness on the part of the patient and those who come in contact with them. The patient often times blames themselves wondering what they did to cause it, or asks, "why me?" This leads to self-denial, emotional withdrawal and depression. Patients also believe that once diagnosed, they will die of cancer. "We can cure 50 percent of all cancer patients; a lot is caught early and can be cured," Stephenson said, "The more you know, the less fear we have."

For more information on Hodgkin's disease or other forms of cancer, call the National Cancer Institute at 1-800-4CANCER or contact the Wendt Regional Cancer Center in Finley Hospital.

Baby-photo contest



A. Computer Science



B. Art

There was no winner in last issues contest. The babies were Ann Heinz and Greda Fluhr.

The Courier staff is sponsoring a Senior Baby Photo Contest. The weekly contest is open to everyone and involves identifying both Clarke seniors.

Submit your answers to the Courier, PO Box 995. All correct answers submitted will be placed in a drawing, from which one winner will be selected. Answers must be submitted by the Tuesday following publication.

The winner and prize for this week's contest will be announced in the next issue of the Courier.

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Sports

Softball team enters second season

by Wayne Glenn

Because of the constant and rapid growth of the Clarke College athletic program, it is almost a tradition for the sports fans at Clarke to watch its newly established teams struggle for a few years until it matures into a competitive college level

team. If this is in fact the sports tradition around the Clarke community, there just might be a team that can break the tradition. Introducing the 1990 Clarke College Women's Softball team.

The Crusaders are led by Head Coach Vicky Hansen, with help of her assistant

coaches Keith Sanders and Brian Shaw. The 1990 roster is made up of freshmen Amy Mohr, Laura Wolf, Laura Schlamman and Jenny Clasen; sophomores Teresa Murphy, Sherri Nemmers, Jacquelyn Hawkins, Angela Hernandez, Ellen Fitzpatrick, Patricia Beucher and Joan Crock; and junior Rhonda Weaver.

For most teams it is more of a negative than a plus to be a young team. But this does not seem to be true of the Crusaders. The women have a key word for the season, "aggressiveness," which may be exactly the type of attitude the team needs. The team plans to use their mental and physical aggressiveness to overcome its youth.

"Being young does have its negative aspects, because we don't have the experience and senior leadership," said Sanders. "But on the other hand age is just a number, and softball is more than experience. It is based on talent and hard work. If we match that up with being mentally prepared, we can overcome the aspects of being so young."

This will be the second season of women's softball at Clarke, and already the team plans to be very competitive in their conference. "Even though we didn't have the year we wanted last year, we still ended on a positive note," said Weaver. "And with the help of the coaches and new players, we have managed to carry the positive energy over to this season."

The team has come together as a solid unit. Although there were not many wins last season, there were many lessons learned. The team has grown as a competitive college team. The women have learned from the past season that they must win as a team and lose as a team.

No one or two people can win a season; they must do it together. This lesson has created a bond between the players that has made them into something more than a team, but also a family.

"We have learned to work with each other and not against each other," said Fitzpatrick. "An attitude that was missing on last year's team."

The Crusaders have many returning players this season, they also have many additional arrivals that will compliment them. "We lost a few key players from last year's team," said Weaver, "but the new players we have this season fit right into the positions that needed to be filled and they also have enough talent to fill them well."

Assistant Coach Sanders believes that the Crusaders' future success rests on the women's shoulders and no one else's. "They can be as good as they want to be. They are more serious than they were last season and they have more drive," he said. "The potential for a great season is there, but it's up to them to decide how bad they want it. They must go into each and every game mentally ready."

The Crusaders are out to prove something. Last year they had to be satisfied with being in the game when it was over. "We will be an exciting team to watch," said Weaver. "We would appreciate if the fans will come out and support us."

Over half of the Crusaders' games will be home games. They want the Clarke sports fans to know that they do make a difference. The Crusaders first game is Saturday, March 24, against Mundein College at 1 p.m. at Senior High School.



Ellen Fitzpatrick swings her bat during practice at Dubuque Senior's softball field. (Photo by Vanessa Van Fleet)

Nicaragua...

of United States dollars have funded an opposition candidate who won the recent election. "Only if you are unaware or unwilling to accept these implications, can you fix the blame on Sandinista errors of inefficiency," he said.

Allen said that the economic boycott is a "bully tactic" to get the people of Nicaragua to vote the Sandinistas out of control. He said that President George Bush promised to lift the boycott only if Violeta Barrios de Chamorro was elected the new Nicaraguan leader.

At a recent election, Chamorro was elected leader of Nicaragua, and Bush has lifted the boycott. According to Allen, the people of Nicaragua elected Chamorro only to have the boycott lifted, along with the hopes of once again living in peace. "The

peasants of Nicaragua know nothing about politics; they only want to be left alone and to no longer fear Contra attacks. When such a powerful neighbor as the United States tells them there is only one way to achieve that want, what choice do they have?" Allen asks.

opinion that the Contras will now turn into death squads and become war animals. He sees them as operating "under the table," wiping out local Sandinista leaders who are active in villages. He also feels news items such as this will never be seen on our American press releases.

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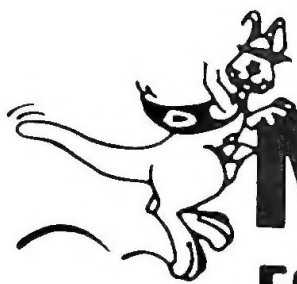
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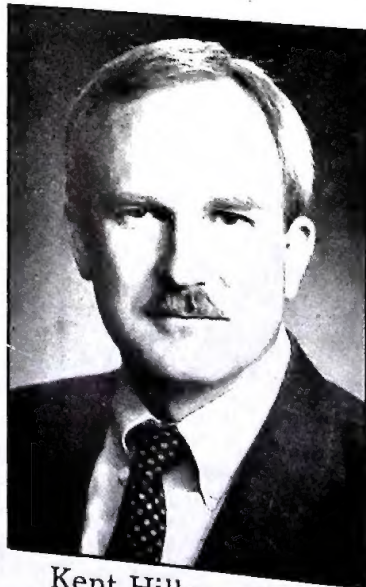
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